

THE PARISH OF OUR LADY OF SORROWS – ST. ANTHONY



3816 East State St. Ext.

Parish Office:
3816 East State St. Ext.
Hamilton, NJ 08619

Tel: 587-4372
Fax: 587-7998
Email: info@ols-sa.org
Website: www.ols-sa.org

March 1, 2009



626 S. Olden Ave.

Worship & Sacramental Life

OLS: Our Lady of Sorrows Church
SA: St. Anthony Church

Weekend Masses

Saturday: 4:30 p.m. (SA)
5:00 p.m. (OLS)
Sunday: 7:30, 9:00, & 11:00 a.m. (OLS)
8:00 & 10:00 a.m. (SA)
6:30 p.m. (Creole) (SA)

Holy Days of Obligation

Vigil: 7:00 p.m. (SA)
Daytime: 7:00 a.m., 7:00 p.m. (OLS)
12:15 p.m. (SA)

Weekday Masses

7:00 a.m. (OLS)
8:00 a.m. (SA)

Holidays as announced

Sacrament of Baptism

11:15 a.m.: 1st Sunday (SA)
12:15 p.m.: 2nd & 3rd Sundays (OLS)
11:00 a.m.: 4th Sunday (Mass) (OLS)

Sacrament of Reconciliation

Saturday and by appointment
3:15-4:00 p.m. (SA), 3:45-4:30 p.m. (OLS)

Rectory Office Hours

Mon – Thu: 9:00 a.m. - 12:30 p.m.; 1:30 - 8:00 p.m.
Fri & Sat: 9:00 a.m. - 12:30 p.m.; 1:30 - 4:30 p.m.

Closed Sunday

Parish Staff

Rev. Msgr. Thomas N. Gervasio, Pastor
Rev. Eugene K. Savarimuthu, Adjunct
Rev. Pierre M. Alabré, Haitian Ministry
Rev. Oscar Sumanga, In Residence

Deacons

James Buchanan
James Challender
Joseph Jaruszewski
Timothy Moore
Kevin O'Boyle
Dennis Slavin

Pastoral Outreach

Mrs. Joan Bartolomei

Youth Ministry

Miss Karen Proulx

Music Ministry

Mr. Michael Amantia, Esq.

Haitian Apostolate

Ms. Magda Dorleans
530 S. Olden Ave, Hamilton, NJ 08629
588-8808

Our Lady of Sorrows School & Religious Education Program

3800 East State St. Ext.
Hamilton, NJ 08619

Mrs. Teresa Carrick
Principal
Tel: 587-4140
Fax: 584-8853

Mrs. Mary O'Boyle
Pre-School Director
Tel: 586-1422
Fax: 586-1214

Mrs. Mariyam Francis
Religious Education Director
Tel: 587-4140
Fax: 588-0318

FIRST SUNDAY OF LENT

March 1, 2009

"Your ways, O Lord, are love and truth to those who keep your covenant." Psalm 25

Mass Intentions for the Week OUR LADY OF SORROWS

SATURDAY, FEBRUARY 28
5:00 p.m. Elmer Pastor *Marie & Family
David R. Volz *Daughter

SUNDAY, MARCH 1
7:30 a.m. Denise Beach *Mom & Dad
Ralph Barbara Herald *Daughter
9:00 a.m. Lillian Donnelly *Ellen Donnelly
Patricia Buchanan
*Deacon & Mrs. James Buchanan
11:00 a.m. Matthew Okupski *Mom & Dad
Mary G. Bohonyi *Family

MONDAY, MARCH 2
7:00 a.m. For the People of the Parish

TUESDAY, MARCH 3
7:00 a.m. Gertrude Perferi *Clara & Ben Gioe
Pail Voilas *Anna & Tony Salvatore

WEDNESDAY, MARCH 4
7:00 a.m. Patsy Umber *Phil & Ileana Schirmer
Kevin Caley Meara *Bud & Maureen Pfeffer
Carmine John DeLorenzo
7:00 p.m. *John & Tess McGovern
Robert Pribila *Allison & Eugene Pribila

THURSDAY, MARCH 5
7:00 a.m. Anthony Angelini *Sandy & Lenny Katz
Catherine Marsden *Family

FRIDAY, MARCH 6
7:00 a.m. Lucia Samparani *M/M Paul Urban
Michaeline C. Wyzga Olesak
*Ron & Barbara Jo Carver

SATURDAY, MARCH 7
5:00 p.m. Deacon Joseph Malloy *The McFaddens
Rhodes Family *Platt Family

SUNDAY, MARCH 8
7:30 a.m. For the People of the Parish
Hugh Callahan *Margaret & Frank Murphy
9:00 a.m. Jamie Burd *Mary Alice Henk
Marguerite Brennan *Mollye Carroll
11:00 a.m. Deacon Joseph Malloy *Gerri Smallwood
Thomas Moffat *Earl & Rose Babbitt

Mass Intentions for the Week SAINT ANTHONY

SATURDAY, FEBRUARY 28
8:00 a.m. Alfonso & Stella Pelletteri *Daughter
Josephine Battisti
*Robert, Ryan, & Michael Battis

4:30 p.m. Ceil Witkowski *John & Regina Reilly
Nora Gallagher *Margie Nocera

SUNDAY, MARCH 1
8:00 a.m. Lucy Verdi *M/M Gary Goodwin
Dominic Ambrose *The Woodcock Family
10:00 a.m. Mary Ellen Briggs *Family
M/M Edward Van Hise *Niece

MONDAY, MARCH 2
8:00 a.m. Angela Baldassari *Dorothy Frascella
William & Vivian Warner *Jane Brown

TUESDAY, MARCH 3
8:00 a.m. Connie & Charles Conrad *Jean Favata
Robert Herrera *M/M Stephen Massaro

WEDNESDAY, MARCH 4
8:00 a.m. Desiree Shelmet *M/M Albert Carmignani
Mary Flynn *Jacob Meisner

THURSDAY, MARCH 5
8:00 a.m. Helen Lang *Msgr. Gervasio
Mary Stephan *Martha Stashko

FRIDAY, MARCH 6
8:00 a.m. AmedeoDeSantis *C. & D. Starling & Fam.
Robert Herrera *Carol Naples

SATURDAY, MARCH 7
8:00 a.m. Rose Cabello *M/M Berenato
Ethel DiMucci *M/M Lewis Barton
4:30 p.m. Joseph Imbalzano *Family
Ceil Witkowski *Cindy & Ed Masterson

SUNDAY, MARCH 8
8:00 a.m. Mary E. King *Jean & Cliff Casto & Family
Nora M. Gallagher Senior Club 1
10:00 a.m. Joseph Csogi *Csogi-Larkin Family
Catherine Cunningham *Family

Liturgical Celebrations This Week

Tue., Mar. 3	St. Katharine Drexel
Wed., Mar. 4	St. Casimir
Sat., Mar. 7	Sts. Perpetua & Felicity

Weekly Sanctuary Lamp Intentions

One of the lamps that burn before the Blessed Sacrament in St. Anthony Church this week is offered for the intentions of Victoria Sorrento.

Please Pray for Our Beloved Deceased

Angela Bagley	John Lako	Jeffrey Maffei
Justin Mears	Margaret Robotin	

From the Pastor's Desk

Dear Parishioners:

Lent has begun! I am so grateful that so many people came to our churches last Wednesday to prayerfully begin this holy season of penance and renewal. It is also a special time of prayer for our catechumens and candidates who are preparing to be baptized and received into the Church at the Solemn Easter Vigil. Let us take advantage of the various opportunities for prayer that are provided in our parish. I especially want to encourage everyone to set aside **March 23 – 26** for our annual **parish mission**. This year we have the honor of welcoming **His Excellency, the Most Rev. Jose Sorra**, Bishop Emeritus of Legazpi as our retreat master. He is the former bishop of our own Fr. Oscar! Please pass on the word to family and friends so that we might fill the church for these special days of renewal.

Blessed John XXIII once wrote the following prayer at the beginning of Lent that might serve as a little inspiration as we begin the season's first full week:

O Lord, Jesus, who at the beginning of your public life withdrew into the desert, we beg you to teach all men that recollection of mind which is the beginning of conversion and salvation.

Leaving your home at Nazareth and your sweet Mother, you wish to experience solitude, weariness and hunger. To the tempter who proposed to you the trial of miracles, you replied with the strength of eternal wisdom, in itself a miracle of heavenly grace.

It is Lent. O Lord do not let us turn to "broken cisterns" that can hold no water, or imitate the unfaithful steward or the foolish virgins; do not let us be so blinded by the enjoyment of the good things of the earth that our hearts become insensible to the cry of the poor, of the sick, of orphan children, and of those innumerable brothers of ours who still lack the necessary minimum to eat, to clothe their nakedness, and to gather their family together under one roof.

With affection,
Msgr. Gervasio

Kudos!

Congratulations to the JV and Varsity cheerleaders—both teams took first place at the SRS competition Saturday. In addition, Christal Varanyak and Nicole Csorgo captured first place in the JV Double Miss Yell competition and Nicole Provost garnered first place honors in the Varsity Miss Yell event, while first place in the Varsity Double Miss Yell was awarded to Kim Woodcock and Lianna Rossi. What a day for OLS-SA!

Stewardship Report

Revenues

Weekly Collection: February 22 \$19,035

Bishop's Annual Appeal (as of 2/23)

Pledged: \$31,611 Paid \$18,056 Donors: 170

March—Month of St. Joseph

By long tradition, the month of March is dedicated to St. Joseph, husband of the Blessed Virgin Mary and Foster Father of Our Lord. He enjoys many titles of dignity: Patron of the Universal Church, Model of Purity, Patron of Workers and Patron of a Holy Death.

Joseph...through his struggles reaches a balance. His holiness and mature faith do not exempt him from the anxiety that comes with difficult situations. However, having taken upon himself the decision to do the honorable thing, which was the fruit of an attitude of charity, his maturity of faith is summarized as an openness to the power of divinely illuminated grace. In fact, the angel of the Lord arrives to resolve the situation. "Be not afraid" (implying that Joseph was afraid!) the angel reveals to him the deeper meaning of the event, thus overcoming all his anxiety. He is filled with pure joy! The figure of Joseph allows us to grasp a fundamental teaching: we need to have hope that is patient, that can wait as Joseph did, a hope that knows how to suffer with a humble spirit through difficult situations, sure that God will answer.

Carlo Maria Cardinal Martini

Our Lady of Sorrows Preschool

Open House

Monday, March 2, from 5:30 to 7:00 p.m.

Now registering students 6 weeks to PreK for September 2009-2010 and Summer Camp 2009

3710 East State Street Extension

www.ols-sa.org/preschool/ 586-1422

Thanks!



The OLS-SA Youth Group would like to thank everyone who participated in the Volleyball-a-thon on Sunday February 22. We raised more than \$2,000—enough to re-sponsor our four Ugandan orphans as well as help other children in Uganda. Because of the youth of our parish, and their friends—total of 67 participants—four lives in Uganda are dramatically changed. Thank you again to everyone who made this happen!

Coaching Opportunity

Our Lady of Sorrows-St. Anthony CYO Sports Program
Head Coach Position for Softball Program
Please contact Karlyn Wieger at kwieger@verizon.net

Community Blood Drive

The OLS PTA & Alumni Committee is sponsoring a community blood drive to benefit the need for blood in our community and OLS School Scholarships. The drive will take place on Sunday, March 8, from 8:00 a.m. to 1:00 p.m. in the OLS Church Meeting Room. You can register for the time you would like by leaving a message on the alumni voice mail (587-4140; press 1, then 9) or by emailing Alumni@OLSSchool.us.

Bring a photo I.D. and eat within 4 hours of donating. Each donor will receive a T-shirt. If you can't donate, suggest to another that they donate; the need for blood is great! In helping our community we are helping our school. The school will receive a \$500 check if we collect 50 units of blood; \$750 for 75 units, \$1000 for 100 units.

Donors must be healthy individuals between 17-75 who weigh at least 110 lbs. Prospective donors will receive a mini physical (blood pressure check, temperature, pulse and iron level check) and must eat at least 4 hours before donating. The entire process takes about 45 minutes.

Only 2% of NJ's population donate blood, making us the lowest state in the nation with blood donors. Please help NJ out of this crisis—give the gift of life!

OLS-SA Girls Soccer Tryouts

A mandatory parent & player meeting will be held on March 6 at 7:00 p.m. in the Church Meeting Room.

"A" and "B" Division soccer tryouts will be held at the OLS soccer fields on March 7 from 8:30 a.m. - Noon and on March 8 from 1:00 p.m. - 4:00 p.m. You are encouraged to attend both sessions. You will be evaluated based on your skills, ability and stamina demonstrated during the 2 days of tryouts

Tryouts are open to 5th through 8th grade girls. Bring the following items with you: soccer ball; water, cleats, and shin guards. If you have questions, call Coach Lee at 977-5179.

Easter Candy Sale Ends Monday

The parish's spring fundraiser program, featuring delicious Gertrude Hawk candy, ends March 2. If you haven't turned in your order yet, don't wait any longer. Pick-up weekend will be March 28 & 29. Order forms and brochures are available at the doors of the church. Return orders to the rectory, school, preschool, or Religious Education offices.

Mark Your Calendar!

OLS – SA Parish Lenten Mission
March 23 – 26 at 7:00 p.m.

Retreat Master:

His Excellency, the Most Reverend José Sorra
Bishop Emeritus of Legazpi (Philippines)
Monday and Tuesday at St. Anthony
Wednesday and Thursday at Our Lady of Sorrows
See the Lent 2009 brochure for details.

Bingo Assignments

Saturday: 7:30 p.m. – Parish Center Cafeteria

The Bingo worker schedule appears below. If there is a scheduling conflict, please contact Karen Brisson (587-4141) or Susan Dolan (324-3985) well in advance so that other arrangements can be made. Workers are asked to arrive by 6:15 p.m.

Mar. 7	Melone, Miller, Natriello, Schwartz, Stillwell
Mar. 14	Vandegrift, Williams, Armitage, Bossi, Crawford

Pray for the Sick

We commend to your prayers all the sick in the parish. While not every name can appear in the listing below, we remember all those who are ill and pray that they may know the Lord's healing presence.

Peter Anderson, Anne Cacavio, Irene Case, James Cleary, Katherine D'Angelo, Kay Delate, Paula Donahue, Tom Dzuibek, Tony Golowski, Edith LaBella, Francis Lehman, Ruth Lehman, George Loh, Michelle Miktus, Judy Miller, Deacon Tim Moore, Charlotte Nurko, Louis Palumbi, Richard Pizzuti, Rita Plant, Valerie Rose, Joan Sanders, Vivian Saxby, Ian Scheuerman, Mary Masick Timian, Anthony Tonzini
Due to limited space and our desire to include the names of others, absent special circumstances, names will remain on our list for one month only. Please call the parish office (587-4372) to have a name removed earlier.

Youth Group Activities

High School Youth Group

Mar. 1 – Practice for Stations of the Cross, Noon, Lower Church

Mar. 8 – Diocesan Youth Conference

Mar. 15 – Meeting*

Mar. 22 – Meeting*

Mar. 29 – Meeting*

Middle School Youth Group

Mar. 6 – Meeting*

Mar. 20 – Meeting*

* 7–9 p.m., Mary's Haven

Seniors' Activities

Senior Club #1

Meeting: Wednesday, March 11, 1:00 p.m.
St. Anthony Church Hall

Trip to Hilton in AC: Tuesday, March 17
Bus leaves St. Anthony church parking lot at 9:00 a.m.
Call Gloria (587-1944) for reservations

Senior Club #2

Meeting: Tuesday, March 3, 1:00 p.m.
Church Meeting Room

Trip to Showboat Casino: Wednesday, March 18
Bus leaves OLS church parking lot at 9:30 a.m.
Call Bea (298-5559) for reservations.

Senior Club #3

Meetings: Tuesdays, March 10 & 24, 1:00 p.m.
Church Meeting Room – Table 4 Hosts
Bingo and cards played after all meetings.

Our Seniors Clubs welcome new members! You do not have to be a parishioner to join the Seniors Clubs.

See the Story of Creation Come Alive

Make your reservation today for *Behold the Lamb* at Sight and Sound Theater in Strasburg, PA. Join Sr. Ruth on Sat., March 14, for a day trip to Lancaster to see the show, shop, and enjoy lunch at Miller's. The cost of \$105 covers round trip transportation, the show, and lunch. Reservations and payment are due by March 6. For details, please call Sr. Ruth at 731-5798.

Paver Orders Now Being Accepted

Memorial pavers are again being made available for those who may wish to include their names or the names of loved ones. All donations directly support the education of our students. This year's May Crowning and the blessing of pavers will take place on Sunday, May 17 following the 11:00 a.m. Mass. Order forms, available at the parish office, should be returned to the parish office by March 15.

AROUND THE DIOCESE

Holy Father's March Prayer Intentions

General: That the role of women may be more appreciated and used to good advantage in every country in the world.

Mission: That in the light of the letter addressed to them by Pope Benedict XVI, the Bishops, priests, consecrated persons, and lay faithful of the Catholic Church in the Popular Republic of China may commit themselves to being the sign and instrument of unity, communion and peace.

Special One-Day Lenten Retreat

St. Vincent de Paul Church invites you to hear two inspirational speakers on Saturday, March 21. Our own Fr. Eugene will discuss degrees of sin, sins of omission, and the 3rd Secret of Fatima, and will lead attendees on a spiritual journey to re-discover the healing benefits and graces of the Sacrament of Penance. There will be time for questions, a group discussion, and a quiet time for reflection. Fr. Daniel Houde, pastor of Incarnation – St. James, will discuss preparing for Divine Mercy Sunday and what's needed to obtain the indulgences promised. The retreat will take place in the basement at St. Vincent DePaul Church from 8:30 a.m. to 3:30 p.m. There will be confessions at 3:30 p.m. and Mass at 5:00 p.m. The retreat is free, but please bring a lunch. For reservations, please call Mary Ann Isaac (587-2745) or Anne Immordino (587-8864) by March 18.

Lenten Fish Fry

The Hibernians will serve up fish & chips from 11:30 a.m. to 7:30 p.m. every Friday in Lent for only \$9.50 per person. Kids 5 and under eat free! Call 586-5982 for info.

Attention, Prayerful Single Men

The following communities are offering free live-in vocations retreats soon:

Society of African Missions (Tenafly, NJ) – April 24-26
Gethsemani Abbey (Trappist, KY) – April 3-10 and 10-17.
St. Mary's Benedictine Abbey (Morristown, NJ) also is offering live-in vocations retreats according to your schedule. Pray and work with the community and hear the informative vocational talks.

These retreats are very popular so make your reservations soon. There is no cost, but space is limited. If you take a bus or plane to the nearest major city, they will pick you up at no charge! Call 800-221-1807 for more dates and information.

Trip to Showboat Casino

The Happy Days Senior Club sponsors a bus trip to the Showboat Casino on the first Wednesday of each month. The bus leaves the OLS parking lot at 9:30 a.m. The cost is \$25. If interested, call Madelyn (586-4549).

True Love Waits

St. Gregory the Great is hosting the True Love Waits program for 7th and 8th graders during March. Parents are encouraged to check out the program for their young teens. Please call Claire Burns (586-0525) for details.

Volunteers Needed

St. Francis Medical Center needs you! For information, call 599-5476 or visit www.stfrancismedical.org and click on Volunteering.

This Week's Special Activities

<u>Day, Date</u>	<u>Time</u>	<u>Event</u>	<u>Location</u>
Sat., Feb. 28	9:00 a.m.	Level 1 Catechist Certification	Faculty Meeting Room
Sun., Mar. 1	Noon	High School Youth Group Meeting	Lower Church Front
Mon., Mar. 2	7:00 p.m.	Rosary Altar Society Prayer Service & Mtg.	Upper Church & Church Meeting Rm.
Tue., Mar. 3	6:30 p.m.	Serra Club Meeting	Lower Church Front
Wed., Mar. 4	7:00 p.m.	FOCCUS	Church Library
Fri., Mar. 6	7:00 p.m.	Girls Soccer Registration	Church Meeting Room
Sat., Mar. 7	9:00 a.m.	Parent/Child Retreat	Gym & Cafeteria
Sun., Mar. 8	8:00 a.m.	Blood Drive	Church Meeting Room

Rosary Altar Society Palm Cross Sale

The Rosary Altar Society is conducting its annual Palm Cross Sale, which is a fundraiser for our church. The Palm Crosses are approximately 12" wide and 20" high, and are made of looped and gathered palms on a wooden cross with an artificial flower and bow, and are mounted on a stake. They are a very suitable adornment for the cemetery. Palm Crosses will be available for pick-up the weekend of March 28 and 29—order cut-off date is March 23. The Palm Crosses are \$10 each. Please complete the order form below and drop it in the collection basket or return it to the parish office in an envelope marked *Palm Cross Order* with your check made payable to the Rosary Altar Society. Thank you for your continued support.

OUR LADY OF SORROWS-ST. ANTHONY — ROSARY ALTAR SOCIETY

PALM CROSS ORDER FORM

Price: \$10.00 each

Name _____ Telephone _____
 (Please Print)

Number of Crosses _____ Total Amount Enclosed _____

Please check one for pick-up: _____ OLS or _____ SA

Make check payable to the Rosary Altar Society, and place completed form in an envelope marked *Palm Cross Order* in collection basket, or return to the Parish Office no later than March 23.

Crosses will be available for pick-up after all masses at both churches the weekend of March 28 and 29. Please call Betty Adamczyk at 586-6771 or Carolyn Hawkes at 587-4938 with any questions.

Welcome Sunday is March 8



Please join us for coffee & conversation after all Masses at Our Lady of Sorrows.

Remember . . . You Have

The P WER to Save Lives

Give up something for Lent; calculate your savings and deposit the money in one of the **Power to Save Lives** cans at the church exits.

Our Lady of Sorrows School

Cultivates minds, builds character, shapes futures

Start now to guide your child toward a bright tomorrow

Visitors are welcome every day!

Open Houses

8:30 a.m. – 1:30 p.m. daily

Come see our teachers and students in action!

3 State-of-the-Art SMART boards and Wireless
Technology, World Language Program, Instrumental
Ensemble, Classical Strings (Violin and Guitar)

Accepting enrollment applications for Grades K-8. After School Care available.

Call for a guided tour with one of our Student Ambassadors

3800 East State Street Extension, Hamilton, NJ 08619

www.OLSschool.us

609/587-4140

Accreditation by the Middle States Commission on Elementary Schools

Learning is accomplished with the cooperation and collaboration of students, teachers and parents.



Our Lady of Sorrows Community of Faith: welcomes all religious, racial and ethnic backgrounds.

School Philosophy:

In teaching our curriculum we incorporate our mission statement which is, "We walk as one toward faith, knowledge and wisdom". Our philosophy is based on the concepts of individual identity, personal dignity, cooperative learning and development of responsibility and self discipline. We provide a balanced program that strives to meet the individual needs of our students by honoring all phases of the learning process. Along with our strong Catholic-based curriculum, our talented faculty and staff demonstrate to our students the necessary life skills of communication, problem solving, decision making and creativity. We make it our mission to recognize and cultivate each of our students' unique gifts.

Our Faculty:

Each of our faculty members is New Jersey State certified. Many have advanced degrees or are in the process to achieve one. Our faculty is committed to the well being of our students to achieve excellence in education.

Curriculum: We teach to the standards and requirements set forth by the Diocese of Trenton, Office of Catholic Schools and the State of New Jersey. There is a focus on higher level thinking to prepare our students for success on standardized tests and application across the curriculum. Integrated Language Arts program develops each student's verbal-linguistic intelligence by integrating a variety of reading, writing, listening, and speaking activities, incorporating a variety of skills and strategies. Science and Mathematics students at all grade levels use a variety of mathematical strategies to think critically, logically and analytically, while

incorporating science, mathematics and technology into their weekly lessons. Social Studies is an integrated study of the social sciences and humanities, and examines the geography, culture, religion, history, government and economic systems of the world.

Programs and Activities:

Academic and Cultural Assemblies, Advanced Mathematics Program, Advisory Club, After School Program, Community Service, Computer Technology Club, CYO Basketball, Cheerleading, Soccer, Softball and Track, Guidance Program, Intramural Basketball Program, Mission Club, Monthly Prayer Services and Liturgies, PTA (Parent Teacher Association), School Band, School Newspaper, Scholastic Olympics, Spelling Bee, Student Council, Yearbook Club.

Enrichment Courses:

The objectives of these courses are to prepare our students in grades K-8 to essential fields that integrate the arts, music, computer technology, library/media, world language (Spanish), physical education and health into the daily core curriculum. These courses are building life-long learning skills for our students. The computer technology lab consists of 33 computers, 3 interactive whiteboards, a wireless mobile lab (20 laptops), and wireless internet access throughout the building.

Resource Room Learning:

The resource room program is designed to meet the needs of children with individual service plans. Instruction includes the use of manipulatives, multi-sensory materials, textbooks, trade books, computer software, and small group activities. Supplemental instruction and speech therapy are available for our students.

Learning is accomplished with the cooperation and collaboration of students, teachers and parents.



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GOSPEL TODAY

MAR. 1, 2009

MARK 1: 12-15



The Spirit sent Jesus to the desert for 40 days where He prayed and fasted and angels took care of Him.

FIRST SUNDAY OF LENT

Like Jesus, we too will spend 40 days praying and fasting.



Give us New Life, O Lord.

My plan for Lent, one week at a time...

This week I will pray for _____

This week I will give up/do without _____

This week I will do this act of love/good deed _____

(Sundays optional)

LET'S MAKE PRETZELS

Latin - Bracellae "Little arms", the original Lenten bread dating back to the 4th century.

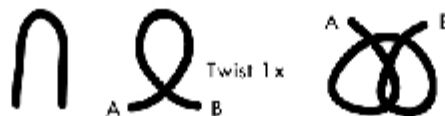


INGREDIENTS

- 1 package dry yeast
- 1 1/2 cups warm water
- 1 tsp. sugar
- 1/2 tsp. salt
- 4 cups flour
- Kosher salt
- 1 beaten egg, milk or water to hold salt on

Place yeast, salt, sugar & warm water in a large bowl and let stand. Add flour, mix well and knead to form smooth ball.

Divide into 12 pieces and roll each into a "rope" about 10-12 inches long. Form into a pretzel and place on baking sheet, brush with egg, milk or water and sprinkle with kosher salt. Let rise slightly and bake at 425° about 12-15 minutes.



Flip ends over to resemble arms crossed over chest - praying little arms

Reminder... next week spring ahead, daylight savings time begins.