

THE PARISH OF OUR LADY OF SORROWS – ST. ANTHONY



3816 East State St. Ext.

Parish Office:
3816 East State St. Ext.
Hamilton, NJ 08619

Tel: 587-4372

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Email:

info@ols-sa.org

Website:

www.ols-sa.org



626 S. Olden Ave.

February 22, 2009

Worship & Sacramental Life
OLS: Our Lady of Sorrows Church
SA: St. Anthony Church

Weekend Masses

Saturday:

4:30 p.m. (SA), 5:00 p.m. (OLS)

Sunday:

7:30 (OLS), 8:00 (SA), 9:00 (OLS)

10:00 (SA), 11:00 a.m. (OLS),

6:30 p.m. (Creole) (SA)

Holy Days of Obligation

Vigil:

7:00 p.m. (SA)

Daytime:

7:00 a.m. (OLS), 12:15 p.m. (SA)

7:00 p.m. (OLS)

Weekday Masses

7:00 a.m. (OLS)

8:00 a.m. (SA)

Holidays as announced

Sacrament of Baptism

11:15 a.m.: 1st Sunday (SA)

12:15 p.m.: 2nd & 3rd Sundays (OLS)

11:00 a.m.: 4th Sunday (Mass) (OLS)

Sacrament of Reconciliation

Saturday and by appointment

3:15-4:00 p.m. (SA), 3:45-4:30 p.m. (OLS)

Parish Staff

Rev. Msgr. Thomas N. Gervasio, Pastor

Rev. Eugene K. Savarimuthu, Adjunct

Rev. Pierre M. Alabré, Haitian Ministry

Rev. Oscar Sumanga, In Residence

Deacons

James Buchanan

James Challender

Joseph Jaruszewski

Timothy Moore

Kevin O'Boyle

Dennis Slavin

Pastoral Outreach

Mrs. Joan Bartolomei

Youth Ministry

Miss Karen Proulx

Music Ministry

Mr. Michael Amantia, Esq.

Haitian Apostolate

Ms. Magda Dorleans

530 S. Olden Ave, Hamilton, NJ 08629

588-8808

**Our Lady of Sorrows School &
Religious Education Program**

3800 East State St. Ext.

Hamilton, NJ 08619

Mrs. Teresa Carrick

Principal

Tel: 587-4140

Fax: 584-8853

Mrs. Mary O'Boyle

Pre-School Director

Tel: 586-1422

Fax: 586-1214

Mrs. Mariyam Francis
Religious Education Director

Tel: 587-4140

Fax: 588-0318

SEVENTH SUNDAY IN ORDINARY TIME

February 22, 2009

"Lord, heal my soul, for I have sinned against you." Psalm 41

Mass Intentions for the Week OUR LADY OF SORROWS

Mass Intentions for the Week SAINT ANTHONY

SATURDAY, FEBRUARY 21
5:00 p.m. David R. & Martha Volz *Daughter
Marguerite Brennan
*M/M John Ferie & M/M Bill Mahon

SUNDAY, FEBRUARY 22
7:30 a.m. F. Leon Forrester *James & Ann DiMattia
Gaetana Calderone *Jack & Betsy Dirk
9:00 a.m. Deacon Joseph Malloy *M. & D. Johnson
Gaetana Calderone *K. Flynn & T. Knorr
11:00 a.m. Gladys Mack *Peggy Mack
Bridgid McDonald *The Vanderhoof Family

MONDAY, FEBRUARY 23
7:00 a.m. Gertrude Perferi *M/M Robert Herrera
Paul Voilas *Mike & Betty Maldera

TUESDAY, FEBRUARY 24
7:00 a.m. Mary Gentile
*OLS-SA Religious Education Office
Vera Cuskley *Isabel McCauley

WEDNESDAY, FEBRUARY 25
7:00 a.m. Julius Cabral *Ray & Fely Santos
Theresa Danzglock
*OLS-SA Rosary Altar Society

7:00 p.m. Carmella Ficarra *Dan & Julie Shrader
Anthony Angelini *Joseph Vitale

THURSDAY, FEBRUARY 26
7:00 a.m. George Zimmer, Jr. *Russ & Helen Metzger
Inez Risoldi *Angelo & Elaine Candelori

FRIDAY, FEBRUARY 27
7:00 a.m. Rita Mattaliana *Eleanor Pacera
Leo Meighan *Harry & Marguerite Holmes
7:00 p.m. Stations of the Cross

SATURDAY, FEBRUARY 28
5:00 p.m. Elmer Pastor *Marie & Family
David R. Volz *Daughter

SUNDAY, MARCH 1
7:30 a.m. Denise Beach *Mom & Dad
Ralph Barbara Herald *Daughter
9:00 a.m. Lillian Donnelly *Ellen Donnelly
Patricia Buchanan
*Deacon & Mrs. James Buchanan
11:00 a.m. Matthew Okupski *Mom & Dad
Mary G. Bohonyi *Family

SATURDAY, FEBRUARY 21
8:00 a.m. Sally V. Mancuso *Family
Michael J. Tomasulo, Sr. *Family
4:30 p.m. Kay Brownell
*Connie & Dave Starling & family
Cecelia Witkowski *Angelo & Anne Nalbone

SUNDAY, FEBRUARY 22
8:00 a.m. For the People of the Parish
10:00 a.m. Dennis Cunningham *Family
M/M Vincent Wagner *Sister

MONDAY, FEBRUARY 23
8:00 a.m. Vito Venza *Msgr. Gervasio
Salvatore Lanzetta
*John & Mary Lou Schwartz

TUESDAY, FEBRUARY 24
8:00 a.m. Clara Brzdek *Kino & Lil DeLotto
Kathleen Schnerer *Mihalyi Family

WEDNESDAY, FEBRUARY 25
8:00 a.m. Fred Sorrento *Wife, Vicki, & family
Immaculate P. Fruscione
*Michael & Judy Pratico
12:15 p.m. Ash Wednesday Service Only

THURSDAY, FEBRUARY 26
8:00 a.m. Emma M. Gray *Lisa Moritz
Mamie LaBella *Debbie Shuman

FRIDAY, FEBRUARY 27
8:00 a.m. Thanksgiving for Teresa Balangkig *Family
Angie Bolinizzo Bencivengo
*Bob & Fran Frascella

SATURDAY, FEBRUARY 28
8:00 a.m. Alfonso & Stella Pelletteri *Dayghter
Josephine Battisti
*Robert, Ryan, & Michael Battis
4:30 p.m. Ceil Witkowski *John & Regina Reilly
Nora Gallagher *Margie Nocera

SUNDAY, MARCH 1
8:00 a.m. Lucy Verdi *M/M Gary Goodwin
Dominic Ambrose *The Woodcock Family
10:00 a.m. Mary Ellen Briggs *Family
M/M Edward Van Hise *Niece

Rectory Office Hours

Mon – Thu: 9:00 a.m. - 12:30 p.m.; 1:30 - 8:00 p.m.
Fri & Sat: 9:00 a.m. - 12:30 p.m.; 1:30 - 4:30 p.m.
Closed Sunday

From the Pastor's Desk

Dear Parishioners:

Lent begins this Wednesday. It is a favorable time in which the Church invites us to be more deeply aware of Our Lord's salvific work and to live our baptism more profoundly. This season of forty days is an invitation to relive with Jesus the forty days He spent in the desert, praying and fasting. This is the program of Lent—to listen to the Word of truth, to live, speak, and do the truth, and reject falsehood. During this time let us allow the Word of God to penetrate our life so that we may know the truth of who we are, where we come from, where we must go, what path we must take in life.

Lenten schedules are at the doors of our churches and with them our ever popular reflection booklets. I encourage everyone to begin this journey with open minds and hearts. Let us face with honesty our weaknesses that we might experience the merciful love of Christ.

This Lent there are opportunities for everyone. Stations of the Cross, daily morning Masses, Wednesday evening Masses, and the upcoming Parish Mission. (March 23-27) This year we have the honor of welcoming as our retreat master His Excellency, the Most Reverend José Sorra, Bishop Emeritus of Legazpi. I hope everyone will participate. We should fill our church and encourage our friends and family members to join us! I also encourage everyone to support our Lenten work of charity for our brothers and sisters in the Diocese of Kasana Luweero.

By the grace of God, may this Lent be a blessing for us as we undertake this journey and arrive together at Easter joy!

With affection
Msgr. Gervasio

Stewardship Report

Weekly Collection: (February 15)	\$20,219
Bishops Annual Appeal (as of 2/17)	
Pledged	\$27,676
Paid	\$16,531
Donors	152

Weekly Sanctuary Lamp Intentions

The lamp that burns before the Blessed Sacrament in Our Lady of Sorrows Church this week is offered in loving memory of the deceased members of the Perferi Family at the request of Carmela Perferi.

**Our Celebration of Ash Wednesday
A universal day of fasting and abstinence**

FASTING: This practice limits an individual to only one full meal a day. **This is obligatory for Catholics between the ages of 18-59.**

ABSTINENCE: The practice prohibits the eating of meat, but not eggs, milk products, or condiments of any kind, even though made from animal fat. **This is an obligation for those 14 years of age and older.**

Ash Wednesday & Good Friday

Days of Fasting & Abstinence

Fridays of Lent

Days of Abstinence

OLS

7:00 a.m., 9:15 a.m. (School) & 7:00 p.m.

SA

8:00 a.m. & 12:15 p.m. (Service)

A Reminder...

The Pastoral Care of the Sick

Our parish is devoted to the pastoral care of the faithful who are ill. We are blessed with a number of dedicated laity who assist our priests and deacons in bringing the Holy Eucharist to the homebound and to those in area hospitals and health care facilities. This ministry of course includes sacramental anointing of the sick by the priests.

The area parishes share the "emergency coverage" of Robert Wood Johnson at Hamilton; our parish takes on this ministry on Tuesdays and Wednesdays. We also provide "24/7" for the spiritual needs of patients and residents of health care facilities with our parish boundaries.

It is important for you to know that, due to legislation protecting the privacy of individuals, hospitals and health care facilities can no longer inform the parish office of any admissions. Pastoral visits must be requested by the patients themselves or by family members, either directly or via a member of the facility's staff. Unless so informed, we would not be aware of a parishioner's admission to a hospital or health care facility, so please remember to let us know if you or one of your loved ones would like to receive a visit, Holy Eucharist, or the Sacrament of the Sick.

Liturgical Celebrations This Week

Mon., Feb. 23

St. Polycarp

Wed., Feb. 25

Ash Wednesday

The Holy Father's Message for Lent

Edited—the entire text may be found at www.vatican.va

For this year's Lenten Message, I wish to focus my reflections especially on the value and meaning of fasting. Indeed, Lent recalls the forty days of our Lord's fasting in the desert, which He undertook before entering into His public ministry. We might wonder what value and meaning there is for us Christians in depriving ourselves of something that in itself is good and useful for our bodily sustenance. The Scriptures and Christian tradition teach that fasting is a great help to avoid sin and all that leads to it. Since all of us are weighed down by sin and its consequences, fasting is proposed to us as an instrument to restore friendship with God.

Jesus brings to light the motive for fasting, condemning the attitude of the Pharisees, who scrupulously observed the prescriptions of the law, but whose hearts were far from God. True fasting, as the divine Master repeat elsewhere, is rather to do the will of the Father, who "sees in secret, and will reward you."

[F]asting seems to have lost something of its spiritual meaning, and has taken on, in a culture characterized by the search for material well-being, a therapeutic value for the care of one's body. Fasting certainly brings benefits to physical well-being, but for believers, it is, in the first place, a "therapy" to heal all that prevents them from conformity to the will of God...Lent could be a propitious time...that...this long held practice may be rediscovered, and thus assist us to mortify our egoism and open our heart to love of God and neighbor.

Denying material food, which nourishes our body, nurtures an interior disposition to listen to Christ and be fed by His saving word. Through fasting and praying, we allow Him to come and satisfy the deepest hunger that we experience in the depths of our being: the hunger and thirst for God. Voluntary fasting enables us to grow in the spirit of the Good Samaritan, who bends low and goes to the help of his suffering brother. By freely embracing an act of self-denial for the sake of another, we make a statement that our brother or sister in need is not a stranger. It is precisely to keep alive this welcoming and attentive attitude towards our brothers and sisters that I encourage the parishes and every other community to intensify in Lent the custom of private and communal fasts, joined to the reading of the Word of God, prayer and almsgiving. [T]his has been the hallmark of the Christian community, in which special collections were taken up, the faithful being invited to give to the poor what had been set aside from their fast.

[I]t seems abundantly clear that fasting represents an important ascetical practice, a spiritual arm to do

battle against every possible disordered attachment to ourselves. Freely chosen detachment from the pleasure of food and other material goods helps the disciple of Christ to control the appetites of nature, weakened by original sin, whose negative effects impact the entire human person. Quite opportunely, an ancient hymn of the Lenten liturgy exhorts: "*Utamur ergo parcius, / verbis cibis et potibus, / somno, iocis et arctius / perstemus in custodia* – Let us use sparingly words, food and drink, sleep and amusements. May we be more alert in the custody of our senses."

[I]t is good to see how the ultimate goal of fasting is to help us, as the Servant of God Pope John Paul II wrote, to make the complete gift of self to God. May every family and Christian community use well this time of Lent...to cast aside all that distracts the spirit and grow in whatever nourishes the soul, moving it to love of God and neighbor. I am thinking especially of a greater commitment to prayer... recourse to the Sacrament of Reconciliation and active participation in the Eucharist, especially Sunday Mass. [L]et us enter the penitential spirit of Lent. May the Blessed Virgin Mary accompany and support us in the effort to free our heart from slavery to sin, making it evermore a "living tabernacle of God."

Benedict XVI

Rosary Altar Society Palm Cross Sale

The Rosary Altar Society is conducting its annual Palm Cross Sale, which is a fundraiser for our church. The Palm Crosses are approximately 12" wide and 20" high, and are made of looped and gathered palms on a wooden cross with an artificial flower and bow, and are mounted on a stake. They are a very suitable adornment for the cemetery.

Orders for the Palm Crosses will get underway at each church beginning the weekend of February 28 and March 1, and will be available for pick-up the weekend of March 28 and 29—order cut-off date is March 23. The Palm Crosses are \$10 each. Please complete the order form (see page 9) and drop it in the collection basket or return it to the parish office in an envelope marked *Palm Cross Order* with your check made payable to the Rosary Altar Society. Thank you for your continued support.

Floral Remembrances

The flowers in the sanctuary at Our Lady of Sorrows last week were given in loving memory of Helen Shea Thornton at the request of her daughter, Eileen.

God Bless Our Newly Baptized

Michael Joseph Vannozi

Liturgical Lines....The Season of Lent

The Lenten Season is the fitting time to climb the holy mountain of Easter. It has a double character, namely to prepare both catechumens and faithful to celebrate the paschal mystery.

Liturgically, Lent involves the following:

- ✓ Lent runs from Ash Wednesday until the Mass of the Lord's Supper on Holy Thursday.
- ✓ The liturgical color of the season is violet.
- ✓ Lenten weekdays are not observed on solemnities and feasts, but Ash Wednesday and the days of Holy Week take precedence over all solemnities and feasts.
- ✓ All memorials of saints during Lent are observed as optional.
- ✓ The *Alleluia* is not sung or said until the Easter Vigil.
- ✓ The Altar should not be decorated with flowers. An exception is made on the Fourth Sunday of Lent (Laetare Sunday). The liturgical color may also be rose.
- ✓ The organ and other instruments should not be played during Lent except when needed to support the singing of the faithful.
- ✓ The Catechumens (those preparing for Baptism) celebrate the *Scrutinies*, prayerful steps toward their reception of the Sacraments at the Easter Vigil.
- ✓ Weddings that take place during Lent should respect the penitential character of the season and should refrain from too much pomp and display.
- ✓ Optional Prayers over the People may be incorporated as part of the final blessing of the Mass.
- ✓ A common penitential service with opportunity for individual confessions should be scheduled for the faithful.



"Remember, man, you are dust and to dust you will return."

The penitential season of Lent begins on February 25. Please bring in all old palms to be burned and used for ashes on Ash Wednesday. There will be baskets at all the exit doors this weekend to hold the palm.

Bishop's Annual Appeal

Office of Pastoral Care

When a Catholic becomes hospitalized, homebound, or a resident in a healthcare facility, it becomes our joyful responsibility to coordinate the pastoral presence of the Church for them. For those who are unable to come to church; church comes to them! With the generous support of God's people through the Bishop's annual appeal, the Office of Pastoral Care can continue to offer spiritual and sacramental support to those who might otherwise be alone in their illness, recovery, or as they prepare to make that final journey home to God. We pray that no one might die alone.

Institute for Lay Ecclesial Ministry

The Diocese of Trenton has established within the Institute for Lay Ecclesial Ministry, three roads leading lay leaders to commissioning: ILEM-Traditional, ILEM-Extended, and ILEM-Bridge. ILEM-Traditional is a three-year program that consists of spiritual, human, intellectual, and pastoral formation. ILEM-Extended (up to five years) is for those who seek this same formation for ministry, but whose life circumstances require greater flexibility in completing the ILEM requirements. ILEM-Bridge—a one year connection with the Institute—was created for those lay leaders who have already been formed for ministry and who have significant ministerial experience. Upon completing each of these programs, candidates receive a Diocesan Certificate of Completion and may be commissioned for ministry by the Bishop of Trenton. Since 2004, 84 people have been commissioned and another 43 are in formation, representing 63 parishes in the diocese. For more information about any of the three roads to commissioning through ILEM, call JoLynn Krempecki at 406-7400, ext. 5695, or email jkrempe@dioceseoftrenton.org.

Bishop's Anniversary Blessing

The 43rd Annual Bishop's Anniversary Blessing, sponsored by the Office of Family Life/Respect Life, will honor couples married in 1984 and 1959 and any couple celebrating more than fifty years of marriage. Bishop Smith will give his Episcopal blessing and a personalized certificate to each honored couple at the conclusion of a special prayer service. (Note: Mass will not be celebrated.)

The event will be held at the Cathedral of St. Mary of the Assumption, Trenton, at 3 p.m. on Sunday, April 26, for couples from Mercer and Monmouth Counties. To register, please call the OLS-SA parish office (587-4372) by Monday, March 16.

Please Pray for Our Beloved Deceased

Harold Breth
Angelina Ridolfino

Julia DeGeorge
Kenneth Strine

Everyone deserves a **sweet treat** now and again...

When? The first Monday of every month

March 4, from 2:30 - 7:00 p.m.

Where? Carella's "The Brown Dog"

Bring your friends and family in for an after school treat and take home dessert

No coupon necessary...Just let them know that...

OLS is the best!

Bingo Assignments

Saturday: 7:30 p.m. – Parish Center Cafeteria

The Bingo worker schedule appears below. If there is a scheduling conflict, please contact Karen Brisson (587-4141) or Susan Dolan (324-3985) well in advance so that other arrangements can be made. Workers are asked to arrive by 6:15 p.m.

Mar. 7 Melone, Miller, Natriello, Schwartz, Stillwell
Mar. 14 Vandegrift, Williams, Armitage, Bossi, Crawford

Delicious Easter Candy

Our Lady of Sorrows-St. Anthony parish is pleased to offer you the wonderful Gertrude Hawk candy as part of our spring fundraiser program. The candy sale began on February 2 and ends on March 2. Pick-up weekend will be March 28 & 29, just in time for Easter. Order forms and brochures are available at the doors of the church. Please support our parish and give yourselves and those you love a treat as well. All orders need to be returned to the rectory, school, preschool, or Religious Education offices.

Rosary Altar Society News

Corporate Sunday is on March 1 at the OLS Campus. The Rosary begins at 8:30 am followed by the 9:00 a.m. Mass. Everyone is welcome to join us to recite the rosary as we pray for our parish community, world peace, an end to terrorism and abortion, the intentions of the Holy Father, and for the personal intentions of all those present.

A **Lenten Prayer Service** will be held in the Upper Church on Monday, March 2, at 7:00 p.m. It will be followed by the monthly meeting in the Church Meeting Room. Refreshments will be courtesy of Geri Smallwood and her committee.

The **Prayer Shawl Group** would like to thank all those who donated yarn and who made monetary contributions to purchase yarn to make prayer shawls. The response was tremendous! Your generosity will bring hope and cheer where it is most needed. Again, many thanks; you are in our prayers.

Girl Scout News

Thank you!

Girl Scout Troop 71214 would like to thank the parish community for their wonderful support of our cookie sale—it was a great success!

Mark Your Calendar

Our cookie sale at St. Anthony Church will take place the weekend of March 14-15.

Pray for the Sick

We commend to your prayers all the sick in the parish. While not every name can appear in the listing below, we remember all those who are ill and pray that they may know the Lord's healing presence.

Rose Alito, Anne Cacavio, Irene Case, James Cleary, Katherine D'Angelo, Kay Delate, Paula Donahue, Tom Dzuibek, Tony Golowski, Edith LaBella, Francis Lehman, Ruth Lehman, George Loh, Judy Miller, Deacon Tim Moore, Charlotte Nurko, Richard Pizzuti, Rita Plant, Valerie Rose, Vivian Saxby, Ian Scheuerman, Mary Masick Timian, Anthony Tonzini, Edward Ungrady

Due to limited space and our desire to include the names of others, absent special circumstances, names will remain on our list for one month only. Please call the parish office (587-4372) to have a name removed earlier.

Seniors' Activities

Senior Club #1

Meeting: Wednesday, March 11, 1:00 p.m.
St. Anthony Church Hall

Senior Club #2

Meeting: Tuesday, March 3, 1:00 p.m.
Church Meeting Room

Trip to Showboat Casino: Wednesday, March 18
Bus leaves OLS church parking lot at 9:30 a.m.
Call Bea (298-5559) for reservations.

Senior Club #3

Meeting: Tuesday, February 24, 1:00 p.m.
Church Meeting Room – Table 3 Hosts
Bingo and cards played after all meetings.

Our Seniors Clubs welcome new members! You do not have to be a parishioner to join the Seniors Clubs.

Youth Group Activities

High School Youth Group

Feb. 22 – Volleyball-a-thon, OLS Gym (Time TBA)
Mar. 1 – Practice for Stations of the Cross (7–9 p.m.)
Mar. 8 – Diocesan Youth Conference
Mar. 15 – Meeting*
Mar. 22 – Meeting*
Mar. 29 – Meeting*

Middle School Youth Group

Mar. 6 – Meeting*
Mar. 20 – Meeting*

* 7–9 p.m., Mary's Haven

February 22 Is St. Martha Sunday

Please join us for coffee & conversation after the 10:00 a.m. Mass at St. Anthony.

IMPORTANT!

Once again, we advise our parishioners coming to Mass at Our Lady of Sorrows to refrain from parking in the parking lot of Wachovia Bank, particularly near the ATM and Drive-in. Please respect the bank property for what it is: a commercial property for customer use only. The discourtesy of some has prevented bank customers from the access to bank services to which they are entitled. Moreover, the bank and parish have no arrangement that would permit such parking during divine services. Please use the ample parking area provided by the parish.

Volunteer Needed

The OLS-SA Parish Jr. NBA/WNBA Intramural Basketball League is seeking a volunteer for the league director position next year. Experience is not required; training is available with current director during all or part of the remainder of this year's season. League runs from late fall to early March, consisting mostly of Saturday games. If interested, please contact Jim Ferdetta at 259-8182 or njjimf@yahoo.com.

Thank you!

During January, the Rosary Altar Society conducted its annual membership drive. Many thanks for your contributions and donations. The monies received are always used for a wide range of church projects. Again, thank you for your generosity. If you are interested in joining the Rosary Altar Society, please call Betty Adamczyk at 586-6771.

AROUND THE DIOCESE

Italian Buffet Fundraiser

Thursday, February 26; Doors open at 5:00 p.m.
Italian-American Heritage Center, 2421 Liberty Street
Enjoy entertainment along with all-you-can-eat red & white pasta, meatballs, chicken, polenta, Italian salads, olives, bread, desserts, coffee, tea, and soda.
BYOB – 50-50 Raffle – Door Prizes
Adults: \$14; Children under 12: \$7
Call 631-7544 for more information.

GAA Reunion

A St. Anthony at McCorristin Campus GAA Reunion is being planned. Remember the thrill and excitement of the competitions? Remember the friendships established through hours of GAA fun? If you're interested in participating in a GAA reunion, please contact Sr. Dorothy Payne at 586-3705, ext. 12, or dpayne@trentoncatholic.org. The available dates are March 11 and 16 at 6 p.m. in the school library.

You're Invited!

Villa Victoria Academy invites you to this year's production of the Lerner & Loewe classic, *Brigadoon*, on Friday and Saturday evenings, March 13 and 14 at 7:00 p.m. and on Sunday, March 15 at 3:00 p.m. Come to the highlands of Scotland and discover the charm of Brigadoon.

The cost of the tickets is \$12. Call Villa Victoria at 882-1700, ext 29, to reserve your seats. We look forward to your presence at the show!

Lenten Day of Recollection Becoming Contemplative in Action

This Day of Recollection will invite participants to prayerfully reflect upon their journey with the Lord and to explore the obstacles that prevent growth in the spiritual life. The presenter is Fr. Jim Choma, an Archdiocesan priest of Newark, and currently the director of Seton Hall University's International Institute for Clergy Formation. He has a Master of Divinity in Pastoral Ministry and an M.A. in Christian Spirituality.

The program will take place on Wednesday, February 25, from 9:30 a.m. to 2:30 p.m., at the Upper Room Spiritual Center, 3455 W. Bangs Avenue, Building 2, in Neptune. The fee is \$45; liturgy and light lunch included. Registration required with a \$10 deposit before February 18. For further information or to register, call 732-922-0550 or go to www.theupper-room.org.

Catholic Men for Jesus Christ Rally

Greg Schiano (head football coach at Rutgers), Justin Fatica (from Hard as Nails Ministries), and Henri Petri (a Jewish convert) will provide uplifting and inspiring presentations on Saturday, March 7. Doors open at 7:45 a.m.; program runs from 8:30 a.m. to 1:00 p.m. Coffee and donuts will be available in the morning. Bishop John Smith will celebrate the closing Mass.

Come to the 12th annual Spiritual Rally for men, held this year at St. Veronica's Gym on Route 9 in Howell. Call 772-321-3886 for more information.

Lenten Fish Fry

Enjoy fish and chips, a beverage, and ice cream from 11:30 a.m. to 7:30 p.m. on Lenten Fridays (February 27 through April 10) for only \$9.50 per person. Add a cup or bowl of soup for \$2.00 or \$2.50, respectively. Children 5 and under eat free. Where? Hibernian Hall, 2419 Kuser Road, Hamilton. For more information, call 586-5982.

Godspell

The Notre Dame High School Performing Arts students will present the musical, *Godspell*, on February 27 & 28 and March 6 & 7 at 7:30 p.m. in the school auditorium. Tickets can be purchased at the door or by calling 882-7900 during school hours. Tickets are \$10 for adults and \$7 for seniors, students, and children.



Trenton Diocesan Spiritual Center
Mount Holly, NJ
609-877-0509 FHOP@verizon.net
www.FHOP.org

Ignatian Rules for Eating

Tuesday, February 24, 9:30 a.m. – 1:30 p.m.
 So often we say, "Lent is coming. Time to go on a diet." St. Ignatius of Loyola wrote "Rules for Eating" as part of his Spiritual Exercises. We will use these as an introduction to and preparation for our Lenten fasting, which is not the same as dieting, of course. Donation: \$20; lunch is included.

Ash Wednesday Retreat

Wednesday, Feb. 25, 9:30 a.m. – 1:30 p.m.
 If Lent is a corridor into the deep Paschal Mystery that is at the Heart of Christian faith, then perhaps Ash Wednesday is a doorway that leads to that corridor. We can pass through the door together on this retreat. Liturgy included. Donation: \$20. Bring a bag lunch.

Personal Retreat Day

Wednesday, March 4, 9:30 a.m. – 2:30 p.m.
 Take a day away from the busyness of your life to rest a while in the Lord. The day includes silence, personal prayer and optional spiritual direction. We begin and end with a brief prayer together. Donation: \$10 or \$40 with Spiritual Direction. Please bring a bag lunch.

Crossing the Desert with God

Thursday, March 5, 9:30 a.m. – 1:30 p.m.
 "I will lead you into the desert and speak to your heart, says Yahweh." (Hos. 2) How has God been with you in your desert times? How is God with you as you cross your present desert? Donation: \$20; lunch included.

KID'S KORNER
 FEB 22, 2009

GOSPEL TODAY
 Feb 22, 2009

LENT begins this week...
 Dear Jesus... I have sinned. I am sorry. Let's begin again. Love, _____

Give us New Life, O Lord.

SHROVE TUESDAY
 FEBRUARY 24, 2009
 also known as... FAT TUESDAY + MARDI GRAS + PANCAKE DAY

It is a tradition to eat pancakes on Shrove Tuesday. Shrove comes from the word "shrive", meaning to confess, or sin. God was angry for our sins. Pancakes use up food items that were not permitted during Lent in the Middle Ages - like eggs, fat, butter and yeast. Lent begins tomorrow - but eat pancakes today!

Homemade Pancakes

SIFF	MIX IN
1 1/4 cups flour	1 beaten egg
2 teaspoons baking powder	1 cup milk
2 tablespoons sugar	2 tablespoons vegetable oil
1/2 teaspoon salt	

Cook on griddle, hot skillet. Flip when bubbles appear on top. Make 8-10" pancakes - serve with fruit & syrup!

ASH Wednesday
 FEBRUARY 25, 2009

The ashes on my forehead say,
 "I have sinned, I am sorry." Please
 God, help me change, meet me in
 my present."



OUR LADY OF SORROWS-ST. ANTHONY – ROSARY ALTAR SOCIETY
PALM CROSS ORDER FORM

Price: \$10.00 each

Name _____ Telephone _____
 (Please Print)

Number of Crosses _____ Total Amount Enclosed _____

Please check one for pick-up: _____ OLS or _____ SA

Make check payable to the Rosary Altar Society, and place completed form in an envelope marked *Palm Cross Order* in collection basket, or return to the Parish Office no later than March 23.

Crosses will be available for pick-up after all masses at both churches the weekend of March 28 and 29. Please call Betty Adamczyk at 586-6771 or Carolyn Hawkes at 587-4938 with any questions.

The POWER to Save Lives

A Lenten Program of Sacrifice to Provide Solar Power to the Bishop Asili Health Center in Luweero, Uganda

During the season of Lent last year, your sacrifices through the Hope for Health program helped to raise over \$12,000 for vitally needed laboratory equipment for the Bishop Asili Health Center. **The laboratory equipment we funded is already saving lives in Uganda**, as told in Sr. Ernestine's own words, *"We were able to launch HIV/AIDS testing for children. In one month we have tested 4,000 children. The support you gave to us enabled us to be able to buy the medical supplies needed for this...Know and remember that some people here are able to live longer and healthier because of your contribution. Your donation has saved lives!"*

The clinic manages to perform miracles against incredible odds. One of the greatest challenges in this region of Uganda is the lack of electricity. The clinic's main source of electricity for the past 2 years has been a diesel-powered generator. As the price of fuel has gone up, the sisters have had to restrict the use of the generator to 2 hours a day or less. As a result, the laboratory equipment can only be used on a limited basis, and it is impossible to run refrigerators to store medicines and vaccines. There are no lights after 10 p.m. in the clinic, so babies are delivered by candle light, and even emergency C-sections are often performed by the light of a kerosene lantern.



Our goal this year is to raise \$12,000 to install solar electricity at the clinic. Solar power will greatly increase the ability of the clinic to save lives, as refrigerators, laboratory equipment, autoclaves, and lights in the clinic will be operable around the clock. The clinic will save hundreds of dollars a month that it currently spends on diesel fuel, and the use of solar power will also reduce pollution.



Your sacrifices during Lent can become the POWER to save lives. Give up anything you want for Lent – candy, “fast food”, ice cream, cookies. Each week, calculate how much money you saved and bring it to church to put in one of the **Power to Save Lives** cans at the exits.

Pray! Pray for the people of Uganda, and pray that our own hearts will be transformed through our sacrifices.

The money we raise through our sacrifices will be sent directly to the CRS Global Solidarity Partnership desk, which will oversee the distribution of the funds and ensure that they are used to install solar electric power for the Bishop Asili Health Center. In addition, a member of our parish will be in direct contact with Sr. Ernestine to get firsthand reports of how the solar power project is progressing and how it is helping to save lives.

For more information contact Mary Vanderhoof at 609-587-9035 or mmvfaith@aol.com.

This Week's Activities*

<u>Day, Date</u>	<u>Time</u>	<u>Event</u>	<u>Location</u>
Sat., Feb. 21	8:00 a.m.	CYO Sports Practice	Gym
	7:30 p.m.	Bingo	Cafeteria
Sun., Feb. 22	11:00 a.m.	St. Martha Group	SAH
	Noon	CYO Sports Program	Gym
	3:00 p.m.	High School Youth Group Volleyball-A-Thon	Gym
	6:30 p.m.	Boy Scout Troop 38 Meeting	Lower Church Front & Church Library
	7:00 p.m.	High School Youth Group Meeting	Mary's Haven & Gym
Mon., Feb. 23	5:30 p.m.	Jazzercise	Gym
	6:15 p.m.	Catechists Meeting	Faculty Meeting Room
	7:00 p.m.	Rosary Altar Society Board Meeting	Church Meeting Room
	7:30 p.m.	Monday night Bible Study	Lower Church Front
	7:30 p.m.	Cub Scout Pack 38 Committee Meeting	Church Library
	8:00 p.m.	CYO Sports Practice	Gym
	Tue., Feb. 24	1:00 p.m.	Senior Club 3 Meeting
5:30 p.m.		CYO Sports Practice	Gym
Wed., Feb. 25	7:30 p.m.	RCIA	Church Meeting Room
Thu., Feb. 26	5:30 p.m.	CYO Sports Practice	Gym
	7:00 p.m.	Communion & Liberation: School of Community	Mary's Haven
Fri., Feb. 27	5:00 p.m.	CYO Sports Practice	Gym
Sat., Feb. 28	8:00 a.m.	CYO Sports Practice	Gym
	9:00 a.m.	Level 1 Catechist Certification	Faculty Meeting Room
	7:30 p.m.	Bingo	Cafeteria
Sun., Mar. 1	Noon	CYO Sports Program	Gym
	1:00 p.m.	Women's Bible Study	Mary's Haven
	6:30 p.m.	Boy Scout Troop 38 Meeting	Lower Church Front & Church Library
	7:00 p.m.	High School Youth Group Meeting	Mary's Haven & Gym

**Activities listed above represent requested facility reservations. Please contact your group's leader if you have any question about whether or not the activity is still being held.*



See the Story of Creation Come Alive

Make your reservation today for *Behold the Lamb* at the renowned Sight and Sound Theater in Strasburg, PA. Join Sr. Ruth Durfee, S.C., on Saturday, March 14, for a day trip to Lancaster to see the show, shop at Rockvale Center, and enjoy lunch at Miller's. The trip cost of \$105 covers round trip bus transportation (with a movie on board), the show, and lunch. Reservations and payment are due by March 6. Enjoy a great trip with Sr. Ruth Durfee. Call her at 731-5798 to reserve your seats, then complete the form below and return with your check (payable to OLS-SA) to the rectory by March 6.

Name: _____ #of Tickets: _____ Amt. Enc.: _____

Address: _____ Phone: _____

A Letter from the Catholic Diocesan Bishops of New Jersey

February 15, 2009

One of the greatest expressions of love is the Sacrament of Matrimony, a lifetime exclusive union of a man and a woman, in which they give and receive mutual help and love, commit to a lifetime of total fidelity, and from their union bring forth and raise children.

The self-giving love of husband and wife reflects the mutual love of Christ for the Church and the love of the Church for Christ. We must remember that without the help of God, man and woman cannot achieve the union of their lives to which God calls them. Truly, it is through the love and struggles of marriage that a couple attains holiness.

Marriage not only is a call to holiness, it also is the foundation of the family and society. Marriage as a union of one man and one woman has its roots not only in human tradition and history, but also in natural law, which transcends all man-made law. God is the author of marriage.

As Shepherds of our dioceses, we salute married couples who are persevering in their vocation and who truly are on the way to holiness.

Unfortunately, our secular culture's preoccupation with personal autonomy and self fulfillment has led to fewer people marrying, increased divorce rates, increased cohabitation of unmarried adults and calls for same sex marriage.

In the face of these serious challenges, Catholics cannot stand silent. Our first responsibility is to pray. Therefore we, the Catholic Bishops of New Jersey, have designated February 15 and 22, 2009, as days of prayer for the strengthening and preservation of marriage.

We ask everyone to pray that the love of spouses for one another continues to grow steadfast and strong, for in strengthening marriage and families, we help to build up the Body of Christ, the Church.

May God bless you.

Most Reverend John J. Myers
Archbishop, Archdiocese of Newark

Most Reverend Paul G. Bootkoski
Bishop, Diocese of Metuchen

Most Reverend John M. Smith
Bishop, Diocese of Trenton
Passaic

Most Reverend Joseph Younan
Bishop, Our Lady of Deliverance Syriac Catholic Diocese

Most Reverend Joseph A. Galante
Bishop, Diocese of Camden

Most Reverend Arthur J. Serratelli
Bishop, Diocese of Paterson

Most Reverend William Skurla
Bishop, Byzantine Catholic Eparchy of



Our Lady of Sorrows Preschool
Celebrating 20 Years of Nurturing Care

Open House

Monday, March 2, from 5:30 to 7:00 p.m.
Now registering students 6 weeks to PreK
for September 2009-2010 and Summer Camp 2009

3710 East State Street Extension
www.ols-sa.org/preschool/ 586-1422

